

Introduction to Volunteering

Course overview

Are you interested in becoming a volunteer, but are unsure of what exactly it entails?

Have you been away from the job market for a while and would like to volunteer to build up your skills?

If, yes, then our volunteering courses could be for you.

This is an introduction course, whereby you will get information about the full course and assess your functional skills levels.

The course is a pre-requisite for the full volunteering courses.

What will I study?

You will:

- Be inducted into The Adult College of Barking and Dagenham and be introduced to our on-line learning system – so that you can access classwork/assignments from home.
- Be provided with an overview of what being a volunteer entails and ascertain your functional skills levels.

Assessment method

- You will complete an online assessment of your functional skills. Teachers will also assess your communication and written skills, through a range of assessment methods.

Entry requirements

No specific entry requirements.

What should I bring with me?

You will need to take notes, so bring along your preferred tools, such as pen/paper or an electronic device.

Key information

Where possible this course will take place on site with social distancing measures in place. In the event of a lockdown, the course will take place online via MS Teams.

Possible next steps

Following the successful completion of this course, you will be supported to enrol on to the most suitable level course for you.

Level 1 or 2 in Volunteering – Level 1 or 2 in Business Administration -

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



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