

# SEND Health: Create a Spring Garden

## Course overview

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Spring is the time of year when things start to grow and turn green. Spending time out in nature can be calming and fun. In this course we explore different plants and create our own spring garden on the grounds at Parsloes. You can take this knowledge home and create a spring garden at home, even if you only have a pot to work with.

## What will I study?

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You will:

- Identify different garden tools
- Plan which plants to put in the garden
- Grow plants from seed
- Learn about edible plants and how to use them
- Plant seeds and plants
- Create labels for the different plants

## Assessment method

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- Take part in growing and planting activities
- Take part in activities and discussions to confirm your understanding
- Your tutor will give you verbal and written feedback throughout the course

## Entry requirements

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- Be able to take part in group discussions
- Be able to recognise signs & symbols
- Be able to follow instructions

## What should I bring with me?

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An A4 folder, A4 notepad and a pen. You will need loose clothing and trainers or soft shoes. For hygiene reasons you should bring your gardening gloves.

## Key information

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Where possible this course will take place on site with social distancing measures in place. In the event of a lockdown, the course will take place online via MS Teams or via a remote learning pack.

## Possible next steps

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Following the successful completion of this course, you will be supported to enrol on to the most suitable level course for you.

## Contact us

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Our friendly staff can give you further advice and support.



email: [adultcollegeenquiries@lbbd.gov.uk](mailto:adultcollegeenquiries@lbbd.gov.uk)



call: 020 8270 4722