

SEND: Being Safe Online

Course overview

This course explores some of the dangers you may face online and how to stay safe with the different apps we use.

What will I study?

You will:

- Discuss what sort of devices we use
- How to spot dangerous texts and emails
- What to do with a cold call
- Identify different risk levels
- How to protect ourselves when we are online

Assessment method

- You will take part in Q&A, activities and discussions to confirm your understanding

Entry requirements

- Be able to take part in group discussions
- Be able to use a mobile / electronic device
- Be able to write simple sentences

What should I bring with me?

An A4 folder, A4 notepad and a pen. You may want to bring your own device with you.

Key information

Possible next steps

During this course, you will be given advice and guidance on other courses suitable for you and your personal goals.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



call: 020 8270 4722