

SEND Health: Staying Safe at Home

Course overview

If you live independently or are about to move into your own home, or even if you share a house with others, keeping safe in the home is so important. Every year there are lots of accidents which could be avoided if only people knew how to keep safe. Join us for this fun and practical course on what to do to stay safe, how, when and who to call for help if you need it.

What will I study?

You will:

- Identify possible dangers in the home
- Discuss how to reduce those dangers
- Discuss and practice what you should do in different emergencies
- Discuss what you can do to keep yourself safe at home
- Discuss how to keep yourself safe when on-line
- Discuss and practice what to do when strangers come to the door
- Think about who it is safe to let into your home

Assessment method

- You will take part in Q&A sessions and discussions to confirm your understanding
- There will be classroom activities and role play
- Your tutor will give you verbal and written feedback throughout the course

Entry requirements

- Be able to take part in group discussions
- Be able to read simple sentences and recognise signs & symbols
- Be able to write simple sentences independently

What should I bring with me?

An A4 folder, A4 notepad and a pen. You may want your own set of colour pens/pencils.

Key information

Where possible this course will take place on site with social distancing measures in place. In the event of a lockdown, the course will take place online via MS Teams or via a remote learning pack.

Possible next steps

Following the successful completion of this course, you will be supported to enrol on to the most suitable level course for you.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk

call: 020 8270 4722

