

SEND: Creative Expression I - Communication

Course overview

Do you find it difficult to talk about your feelings? Perhaps you don't feel there is anyone you can talk to about certain things. This course is an opportunity to express yourself, your thoughts and your feelings using art & crafts. Expressing yourself through the arts can also help build your confidence and self-esteem and give you the motivation to move forward.

What will I study?

- The importance of the imagination
- Using art and craft to express your thoughts & feelings
- How other artists have expressed their thoughts and feelings
- Making gifts and the importance of giving as a way of expressing our feelings

Assessment method

- Take part in classroom activities
- Take part in Q&A sessions and short discussions
- Your tutor will give you verbal and written feedback throughout the course

Entry requirements

- Be able to participate in class activities
- Be able to work with others
- Be able to follow instructions

What should I bring with me?

An A4 folder, A4 notepad and a pen. Please wear old clothes.

Key information

Where possible this course will take place on site with social distancing measures in place. In the event of a lockdown, the course will take place online via MS Teams or via a remote learning pack.

Possible next steps

Following the successful completion of this course, you will be supported to enroll on to other courses suitable for you such as Personal Development through Drama, Relationships & Boundaries or other Health or Life Skills courses available at the college.

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Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk

call: 020 8270 4722

