

LLDD Life Skills: Personal Development Through Drama

Course overview

Do you find everyday situations difficult? Come and join us to learn about everyday situations through drama, role play and fun activities. We will help you feel more confident to talk to friends and family, speak up in a group and have your say.

What will I study?

You will:

- identify everyday situations you find challenging
- practise dealing with everyday problems and situations
- develop your communication skills
- feel confident to speak out and make yourself heard

Assessment method

- Take part in classroom activities and role plays
- Take part in Q&A sessions and short discussions to confirm your understanding
- Your tutor will give you verbal and written feedback throughout the course

Entry requirements

You should be able to:

- participate in class activities
- work with others
- follow instructions

What should I bring with me?

An A4 folder, A4 notepad and a pen.

Key information

Code	Date	Time	Location	Full Fee	Concessionary Fee
8708CP	Tuesday 5 January 2021 to Tuesday 30 March 2021	9.30pm to 12pm	Dagenham	£12.00	£12.00

Possible next steps

You will be supported to enrol on to other courses suitable for you following the successful completion of this course. You may want to go on to another LLDD Health or Life Skills course such as Relationships and Boundaries or Getting Around.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



call: 020 8270 4722