# **LLDD Life Skills: Communication Through Drama**



#### **Course overview**

Do you find it hard to communicate with others? Do you feel shy or can't find the right words? This course will help you to develop your communication skills, improve your self-esteem and give you more confidence in social situations.

### What will I study?

You will:

- learn how to communicate with others
- practise meeting new people and look at how to communicate with them
- improve your vocabulary

#### Assessment method

- Take part in Q&A sessions and short discussions to confirm your understanding
- Take part in classroom activities and role plays
- · Your tutor will give you verbal and written feedback throughout the course

## **Entry requirements**

You should be able to:

- participate in class activities
- work with others
- follow instructions

## What should I bring with me?

An A4 folder, A4 notepad and a pen.

### **Key information**

Code	Date	Time	Location	Full Fee	Concessionary Fee
8701CP	Tuesday 15 September 2020 to Tuesday 8 December 2020	9.30am to 12pm	Dagenham	£12.00	£12.00

## Possible next steps

You will be supported to enrol on to other courses suitable for you, such as Personal Development through Drama, Relationships and Boundaries or other LLDD Health or Life Skills courses available at the college, following the successful completion of this course.

#### **Contact us**

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



call: 020 8270 4722