

Wellbeing: Getting Started with Machine Sewing – Taster

Course overview

This short course will get you started with what you need for frustration free machine sewing!

You will learn the first steps in properly using a sewing machine and learn how to sew evenly.

This course is ideal anyone who has always wanted to use a sewing machine confidently or who wants to develop their sewing skills and is a great first step in developing your confidence with using a sewing machine and creating the clothes, accessories and furnishings you want.

What will I study?

You will:

- Be introduced to the parts of the sewing machine
- Be able to correctly thread a machine
- Be able to adjust thread tension
- Sew in straight lines
- Create neat seams

Assessment method

You will participate in activities, brief discussions and Q&A and receive support from the tutor throughout.

Entry requirements

This course is open to all. You must be able to understand enough English to follow safety instructions.

What should I bring with me?

Please also bring a pen and you may like to bring your chosen method of note-taking such as notebook or tablet.

Key information

Where possible this course will take place on site with social distancing measures in place. In the event of a lockdown, the course will be postponed.

Possible next steps

During this course, you will be given advice and guidance on other suitable sewing courses, wellbeing courses or wider college courses.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



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