

Wellbeing: Living with Autism

Course overview

Autistic disorders are on a spectrum and so affects people very differently. Although autism is often associated with children it affects all age ranges. The demands of living with a person with autism can be great. This course will offer you ideas, strategies and suggestions for supporting positive relationships and appropriate behaviour.

This short course is ideal for parents, partners, learners on Health and Social Care and Teaching Assistant courses as well as people working in those professions or in other professions involving children or adults with autism. It is also suitable for those who need to refresh their knowledge.

What will I study?

- What is meant by the term autism
- The misconceptions associated with autism
- Strategies for engaging with behavioural patterns
- Understanding communication and interaction in individuals with autism

Assessment method

You will participate in discussions, Q&A and activities and receive verbal feedback from the tutor throughout the session.

Entry requirements

There are no specific requirements however you will need a solid understanding of English.

What should I bring with me?

You will need to provide your chosen method of note-taking such as notepad & pen or tablet.

Key information

Possible next steps

During this course, you will be given advice and guidance on other courses suitable for you and your personal goals.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



call: 020 8270 4722