

Wellbeing: Bracelet making for fun and relaxation

Course overview

Beautiful bracelets can be simple to create and make great personalized gifts. They can be made with things you probably already have at home and low-cost items such as coloured threads, ribbons, or wool. This course will start you on your bracelet making journey as we use several different methods to make simple and more elaborate bracelets for all genders.

What will I study?

You will:

- Weave a 3 strand bracelet
- Create a chevron bracelet
- Create a round bracelet
- Practice at least 2 different fastening methods

Assessment method

You will participate in activities, discussions, Q&A and receive verbal feedback from the tutor throughout the workshop and put into practice the principles covered.

Entry requirements

This course is open to all.

What should I bring with me?

You will need to provide your chosen method of note-taking such as notepad & pen or tablet.

Key information

Possible next steps

Following the successful completion of this course, you will be supported to enrol on to other wellbeing courses or signposted to another course suitable for you.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



call: 020 8270 4722