

Wellbeing: Learn to Read a Sewing Pattern

Course overview

One you are familiar with your sewing machine many people want to go on to create more complex items which require a pattern. Sewing patterns often have notations and options which are hard to understand. In this workshop you will learn to read a sewing pattern and understand what the symbols and different lines mean. You will use this knowledge to sew some boxer shorts so please bring one yard of a fabric of your own choice.

What will I study?

You will:

- Identify the meaning / instruction of different pattern notations
- Recap the basics of safely using a sewing machine
- Use a pattern to cut and sew a pair of boxer shorts

Assessment method

You will participate in discussions, Q&A and sewing activities and will receive support from the tutor throughout.

Entry requirements

This course is open to all. The ability to follow instructions given in English is essential.

What should I bring with me?

Please bring 1 yard (or 1 metre) of fabric of your choice. This could be new or upcycled from a sheet or pillow case. Please also bring a pen and you may like to bring your chosen method of note-taking such as notebook or tablet.

Key information

Where possible this course will take place on site with social distancing measures in place. In the event of a lockdown, the course will be postponed.

Possible next steps

Following the successful completion of this course, you will be supported to enrol on to Read A Sewing Pattern, Wellbeing or CPD courses or be signposted to another course suitable for you.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



call: 020 8270 4722