

Wellbeing: Meet the Sewing Machine – learn to sew

Course overview

This short course will introduce you to the parts of the sewing machine and their names. You will learn the first steps in properly using a sewing machine and learn how to sew evenly. This course is ideal for anyone who has always wanted to use a sewing machine or who wants to develop their sewing skills and is a great first step in developing your confidence with using a sewing machine and creating the clothes, accessories and furnishings you want.

What will I study?

You will:

- Be introduced to the anatomy of the sewing machine
- Learn how to sew straight stitches
- Learn how to create a variety of seams
- Be introduced to patchwork techniques

Assessment method

You will participate in activities, brief discussions and Q&A and receive support from the tutor throughout.

Entry requirements

This course is open to all. Only one child per parent.

What should I bring with me?

Please also bring a pen and you may like to bring your chosen method of note-taking such as notebook or tablet.

Key information

Where possible this course will take place on site with social distancing measures in place. In the event of a lockdown, the course will be postponed.

Possible next steps

Following the successful completion of this course, you will be supported to enrol on to Read A Sewing Pattern, or other Family Learning, Wellbeing or CPD courses or be signposted to another course suitable for you.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



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