

# Making The Most Of Your Community

## Course overview

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This short course will explore with you various services which are provided by the borough that you can access for support or to support your community. These could include: Every One Every Day, Help make a Museum, celebrating women's history, Peer Support Project (Support for SEND learners and learners with a mental health condition), Help Handz , Migration Hub, (Information, advice and friendship for parent s and children who are refugees, asylum seekers and migrants) etc

## What will I study?

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You will:

- Be introduced support services you can access in the Borough
- Identify community activities and groups that you can contribute to
- Find out about pathways to access Borough services

## Assessment method

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You will participate in discussions and Q&A and receive support from the tutor throughout.

## Entry requirements

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This course is open to all.

## What should I bring with me?

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Please also bring a pen and you may like to bring your chosen method of note-taking such as notebook or tablet.

## Key information

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Where possible this course will take place on site with social distancing measures in place. In the event of a lockdown, the course will take place via Teams.

## Possible next steps

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Following the successful completion of this course, you will be supported access services and community groups, enrol Family Learning, Wellbeing or CPD courses of interest to you or be signposted to another course suitable for you.

## Contact us

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Our friendly staff can give you further advice and support.



email: [adultcollegeenquiries@lbbd.gov.uk](mailto:adultcollegeenquiries@lbbd.gov.uk)



call: 020 8270 4722