

Wider Family Learning: Create An Edible Indoor Garden

Course overview

Would you like to help children to learn more about nature and growing, but only use a tiny amount of space? Creating an indoor garden is ideal. This garden can be stood on a window ledge, hung near a window or live on the floor. Creating this will help teach your child how to care for and nurture other living things and give them a sense of where their food comes from. It is a great way to upcycle used plastic bottles or unused containers as well as teaching about reducing food waste. You can go on to create other edible gardens at home. This is a great workshop for moms, dads, grandparents, aunts and uncles to develop a love of nature with a child.

What will I study?

Adult and child will:

- Learn what a mini edible garden needs to thrive
- Design, plant and create your own indoor garden
- Be able to care for your garden at home

Assessment method

- Practical and written activities.

Entry requirements

For parents and children at Key Stage 1 or 2

What should I bring with me?

Bring whatever plastic bottle or container you would like for your indoor garden. A 2 litre bottle, medium plant pot or even an old pot are ideal.

An apron, old shirt/T-shirt from a grown-up or messy play cloths are strongly recommended.

You may also wish to take photos of your child's garden as they create it.

Key information

Adults must stay with their children.

Possible next steps

Following the completion of this course, you may like to enrol in another Family Learning course.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



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