# Wider Family Learning: Parent and Child Get Creative

### **Course overview**



A short course supporting parents and children to find different ways to be creative together. In this course parents and children get to be hands-on, exploring different ways to be creative together. Absolutely no artistic ability is needed! The course will be full of ideas that parents and children can do at home to continue their creative partnership. Expressing and communicating through the arts can also help build confidence and self esteem and encourage quieter children to open up.

### What will I study?

You will:

- Choose different mediums for being creative
- Use different creative methods
- Get ideas for other ways to express thoughts and feelings
- Use creative activities to build bonds and confidence

### Assessment method

You will participate in creative activities, discussions, Q&A and receive support from the tutor throughout.

### Entry requirements

This course is open to all.

## What should I bring with me?

You will need to provide your chosen method of note-taking such as notepad & pen or tablet.

### **Key information**

Where possible this course will take place on site with social distancing measures in place. In the event of a lockdown, the course will take place online via MS Teams.

### Possible next steps

Following the successful completion of this course, you will be supported to enrol on to other Family Learning, wellbeing or CPD courses or be signposted to another course suitable for you.

#### **Contact us**

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



call: 020 8270 4722