

Wider Family Learning: Having Challenging Conversations

Course overview

Communicating with and listening to your child doesn't always come naturally or easily, especially when the conversation you need to have is a challenging one. Join us for a look at the typical blocks and barriers to starting challenging conversations, ways to have more open conversations with your children and have fun learning tips, tricks & methods to work with and improve your parent/child relationship. This course is for parents / carers will help you to feel more confident and better equipped to start and to have challenging conversations with your children.

What will I study?

You will:

- Explore blocks and barriers to starting conversations
- Discuss methods of creating the right environment for open conversations
- Discuss why some conversations feel more challenging than others

Assessment method

You will participate in discussions and Q&A and receive support from the tutor throughout.

Entry requirements

This course is open to all.

What should I bring with me?

You will need to provide your chosen method of note-taking such as notepad & pen or tablet.

Key information

Where possible this course will take place on site with social distancing measures in place. In the event of a lockdown, the course will take place online via MS Teams.

Possible next steps

Following the successful completion of this course, you will be supported to enrol on to other Family Learning, Wellbeing or CPD courses or be signposted to another course suitable for you.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



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