

# Wider Family Learning: Make your own bath salts

## Course overview

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Making bath salts is a great way to play with science, math and create a personalized product. We will also explore a little of the science that makes these household chemicals come together and fizz. Once learnt these skills can be used again and again to create bath bombs at home.

## What will I study?

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You and your child will develop:

- An understanding of different salts and how they affect the body
- Ideas around colour and aroma for preference and mood
- Listening skills
- Measurement skills
- Fine motor skills
- Skills to answer questions, describe and share their thoughts, ideas and feelings

## Assessment method

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You will participate in discussions, Q&A, activities and receive verbal encouragement from the tutor throughout the session.

## Entry requirements

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This course is for parents/carers with young children aged 4 and above. Please wear old clothes.

## What should I bring with me?

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You can bring your chosen method of note-taking such as notepad & pen or tablet. You may want your phone to take some photos of your child or the finished products.

## Key information

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Activities may be messy/oily so please wear old clothes. Please let the tutor know if you or your child have any allergies.

## Possible next steps

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Following the successful completion of this course, you will be supported to enrol on to other Family Learning, wellbeing or CPD courses or be signposted to another course suitable for you.

## Contact us

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Our friendly staff can give you further advice and support.



email: [adultcollegeenquiries@lbbd.gov.uk](mailto:adultcollegeenquiries@lbbd.gov.uk)



call: 020 8270 4722