WFL: Create and Communicate



Course overview

Doing creative projects can provide a soft way into conversations where talking doesn't happen easily.

This course is a great way for parents and children to get hands on and be creative together. It provides opportunities for you to share thoughts ideas and feelings in a creative way.

Expressing and communicating through the arts can also help build confidence and self esteem.

Absolutely no artistic ability is needed!

What will I study?

You will:

- Use different creative methods to express thoughts, feeling and ideas
- Share and discuss with your child what your creations mean to you
- Use creative activities to build bonds

Assessment method

You will participate in creative activities, discussions, Q&A and receive support from the tutor throughout.

Entry requirements

This course is open to all.

What should I bring with me?

You will need to provide your chosen method of note-taking such as notepad & pen or tablet.

Key information

Where possible this course will take place on site with social distancing measures in place. In the event of a lockdown, the course will take place online via MS Teams.

Possible next steps

Following the successful completion of this course, you will be supported to enrol on to other Family Learning, wellbeing or CPD courses or be signposted to another course suitable for you.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



call: 020 8270 4722