### **GOT – Introduction to Level 3 Coaching and Mentoring - Online**



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Do you support colleagues or clients as part of your job role, or looking to develop your own personal skills? This pre-requisite introductory short course will provide you with an overview of the main level 3 qualification.

### What will I study?

You will:

- Learn about the requirements of the course.
- Understand the differences between coaching and mentoring.
- Be assessed on your functional skills levels.
- You will learn about The Adult College, our systems and how we can support you.

#### **Assessment method**

You will complete an online assessment of your functional skills. Teachers will also assess your communication and written skills, through verbal and written assignments and tasks.

### **Entry requirements**

You will be required to have attained a minimum level 2 functional skills in English and Maths

## What should I bring with me?

This is an online course, you will be required to have access to a laptop or tablet.

# **Key information**

This is a pre-requisite to the Level 3 Coaching and Mentoring.

## Possible next steps

Following the successful completition of this course, you will be supported to enrol on to the most suitable level course for you. **Level 3 Coaching and Mentoring** 

#### **Contact us**

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



call: 020 8270 4722