Level 1 Award in Mentoring

Course overview



This qualification allows you to understand the role of a mentor and be aware of the skills needed to become an effective mentor. This qualification is ideal for anyone already working in a mentoring role or who'd like to develop their knowledge of this area as part of continued professional development or towards employment.

What will I study?

You will learn to:

- gain insight into the role and practice of mentorship
- be clear about mentor/mentee relationships
- ensure they follow good practice
- · be aware of the specific skills and understanding they will require in order to mentor
- review their own learning and work performance.

Assessment method

You will produce a portfolio of evidence which is made up of various course engagement tasks. You will take part in class discussions and practical work and have individual written assignments to complete. You will be expected to spend time each week writing up and completing your course work. You will also maintain a reflective log, which will also be submitted as part of your assessment.

Full details of this will be discussed with the course tutor during the course.

Entry requirements

No specific entry requirements – you must however have attended the Mentoring introduction session prior to this course.

What should I bring with me?



You will need to take notes, so bring along your preferred tools, such as pen/paper or an electronic device. An A4 ring binder will also be essential.

Key information

Where possible this course will take place on site with social distancing measures in place. In the event of a lockdown, the course will take place online via MS Teams.

Possible next steps

Following the successful completition of this course, you will be supported to enrol on to the most suitable level course for you.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk

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