

# Health and Social Care



## Programme overview

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Health and Social Care is a growing industry with many job and career opportunities at all levels.

A career in Health and Social Care allows you to help care for people of all ages, within a range of settings.

If you are seeking a rewarding career that will enable you to make a difference to people's lives, our courses offer you the skills and confidence to take the first step.

We work with many carework agencies and partners to provide our learners with experience and insight into the Health and Social Care industry.

Our popular Health and Social Care programme takes you through progressive steps to achieve a high level status.

Our programme allows learners to start according to their functional skills levels in English and Maths, everyone will complete a BKSB skills assessment during our introduction course and will progress depending on these results.

Our programme starts with:

**Introduction to Carework** - this short course inducts learners into The Adult College, providing key information about the college, policies and procedures. We also complete a skills assessment and quick scan assessment, to ascertain any learning support which may be needed. On completion of this course, you will be progressed to your next steps – this will be dependent on results of skills assessment.

**E3 Award in Health and Care** – If your skills levels are entry level **E1- E2** you will be recommended to progress onto this course. This course is ideally suited to ESOL learners who have progressed and want to embark on vocational study. This provides an excellent start on your Health and Social Care programme. This course introduces you to details of what working within the Health and Social Care and Children and Young Peoples settings involve, the types of roles available. The aim of this course is to begin to develop your understanding at a pace to suit your current skills levels, introducing you to vocabulary and range of communication skills. It also aims to develop your functional skills in English, Maths and Digital Skills.

**Level 1 Award in Health and Care** – If your skills levels are entry level **E3 – Level 1** you will be progressed onto this qualification. This qualification continues your journey in Health and Care at a steady pace. This course further develops your knowledge of working within an social care environment. It covers aspects of Communication, Person Centered approach, Equality and Inclusivity, Infection Control and Health and Safety. This course also further develops your English, Maths and Digital Skills.

**Level 2 Certificate in Preparing to work in a Health and Social Care setting** – your skills levels need to be at least **Level 1** to progress onto this course. This qualification course further develops your knowledge gained at level 1 and develops your knowledge of working with individuals within a health and social care setting. . This course is knowledge based and enables you to develop the base line knowledge before moving onto applying this knowledge within a work placement. Topics covered include: Safeguarding, Communication, Personal Development, Equality, Diversity and Inclusivity, Duty of care principles and practice, Health and safety,

Handling personal information, Employability and Digital Skills. You will also be encouraged to enrol onto Level 2 English and Maths courses, as you will need these levels to progress to Level 3 Diploma.

**Level 3 Certificate in Preparing to work in an Adult Social Care setting** - Your skills level must be at **Level 2** or demonstrate you are working towards, by being enrolled onto a Level 2 English course. This is a progression course from Level 2 Certificate in Preparing to work in a Health and Social Care Setting. – you must have achieved this qualification before moving onto this certificate qualification course. This course further builds on the knowledge gained in the Level 2 Certificate, by developing your knowledge further, covering topics in more detail, ensuring you have the required level of knowledge and understanding to work within a Health and Social Care setting at a higher level or be able to apply for higher education to become a Social worker. As part of this course, we are looking for work experience opportunities for our learners. You will continue to develop your English, Maths and Digital Skills as part of this course.

#### **Additional courses:**

As part of our Childcare programme, we offer all learners embarking on this programme of study, two enrichment courses for free, this help to further develop your learning within this area.

We also offer additional courses in Digital Skills, to help develop your technical skills within this area to help support your learning and development. We also recommend that throughout your studies you also enrol onto a functional skills course in English and Maths to develop your skills within these subjects. Having low levels in English and Maths, can impede your progression through the levels.

#### **Additional CPD workshops available**

- Understanding the 4 areas of SEND
- Getting started with Makaton
- Effective communication with SEND learners
- Understanding Mental Health in Young People
- COSHH
- Working with Challenging Behaviour in Children
- Working with different degrees of learning difficulties
- Paediatric First Aid (2 days)
- Digital skills workshops– Word, Graphics with CANVA, PowerPoint, Excel

## What will I study?

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Depending on your level of qualification course, you will study a wide range of subjects, which will build at each level upon your knowledge and skills.

Typical subjects covered over the course of the programme are:

- Working within a Health and Social Care Setting
- Communication
- Health and Safety
- Safeguarding
- Person Centered approach
- food and nutrition to support health
- Duty of Care – principles and practices.
- Infection control
- Equality Diversity and Inclusion
- Handling personal information
- Employability skills
- Digital Skills

## Assessment method

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All courses within this programme are qualification courses, meaning you are required to provide evidence to demonstrate your learning.

You will be required to complete a range of activities in order to demonstrate your knowledge and skills, these can include: homework assignments, research, presentations, observation of skills within your workplace.

All evidence is assessed by your Tutor/Assessor who will check against the criteria of the qualification you are completing.

The higher the level of qualification you are embarking on, the more evidence and higher quality of evidence will be required in order to meet the awarding body criteria.

Throughout your course you will receive ongoing IAG (initial advice and guidance) and progression advice.

## Entry requirements

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All new learners to the college must complete an Introduction course.

All learners must have evidence of achieving the Functional skills level required for the course they are looking to enrol onto.

Any new learners to the college, who are looking to enrol onto a higher-level course, must produce original qualification certificate at the level below the one they are looking to enrol onto. i.e If you are wanting to enrol onto a level 3 qualification, you must have evidence of having achieved the Level 2 Certificate in Preparing to work in Adult Social Care or similar.

### **What should I bring with me?**

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Everyone should bring with them a Pen, Notebook. For their first lesson. if you are embarking on an online course, you will have to have access to a lap top and an internet connection. All courses delivered at the college, use college computers.

### **Key information**

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Code	Date	Time	Location	Full Price	Concession Price

### **Possible next steps**

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Following the successful completion of this course, you will be supported to enrol on to the most suitable level course for you as per the programme, or signposted to higher education via University or Specialist College.

Additional courses in other areas are also available, learners are encouraged to check out the college website for further information.

## Contact us

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Our friendly staff can give you further advice and support.



email: [adultcollegeenquiries@lbbd.gov.uk](mailto:adultcollegeenquiries@lbbd.gov.uk)

call: 020 8270 4722

