

# Carework – Level 1 Award in Preparing to work in Adult Social Care

## Course overview

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This is a beginners qualification within the field of Health and Social care, it is planned to enable learners to develop a basic knowledge of the adult social care sector and is aimed at those individuals who wish to explore roles in this industry.

### Who is it for?

This qualification is open to anyone who has an interest to work within the care industry. This is an area of growth, with lots of opportunities for individuals to gain employment. If you have a caring nature, a good communicator, and a willingness to support other individuals, then this course is for you.

You will need to have completed the Introduction to Health and Social Care course.

### What will I study?

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You will cover the following topics

- Introduction to the Adult Social Care sector
- Values and principles of adult social care
- Awareness of skills and attitudes needed to work in adult social care
- Communication within adult social care
- Roles and responsibilities of the adult social care worker.

### Assessment method

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Throughout the course you will receive feedback from your tutor. You will be assessed using various assessment methods, including your portfolio of evidence (which will be assessed by the accrediting organisation, on-line and paper-based assessments, individual and group work. You will also learn the skills to self reflect and evaluate your progress.

## Entry requirements

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Successful completion of Introduction to Health and Social Care  
Attained minimum Level E3 in functional skills assessment in English

## What should I bring with me?

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You will need to take notes so bring along your preferred tools such as pen and paper or an electronic device.

## Key information

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Where possible this course will take place on site with social distancing measures in place.  
In the event of a lockdown, the course will take place online via MS Teams.

## Possible next steps

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Following the successful completion of this course, you will be supported to enrol on to the most suitable level course for you.

**Level 2 Health and Social Care - Level 1 Childcare – Level 1 Preparing to work in Schools**

## Contact us

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Our friendly staff can give you further advice and support.



email: [adultcollegeenquiries@lbbd.gov.uk](mailto:adultcollegeenquiries@lbbd.gov.uk)



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