

Carework: Introduction to Health and Social Care



Course overview

If you have a passion to work with people, are a good communicator, and want to make a difference in people's lives, then working within adult care may be the job for you. In this short 4-week introduction, we will go through the basic requirements of working within adult care, the different types of job role available i.e., Care Worker, Health Care Worker, Social Worker, and assess your functional skills levels to enable you to progress to the most suitable class for your needs and abilities.

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What will I study?

You will:

- Be inducted into The Adult College of Barking and Dagenham and be introduced to our on-line learning system – so that you can access classwork/assignments from home.
- The roles and responsibilities of working in Adult care
- The types of Jobs & careers opportunities within the Adult care industry
- Be Assessed on your current levels in functional skills
- Be informed of your progression routes

Assessment method

You will complete an online assessment of your functional skills. Teachers will also assess your communication and written skills, through verbal and written assignments and tasks.

Entry requirements

No previous experience required but ideally you will need a good level of communication in English.

What should I bring with me?

You will need to provide notepad & pen or your chosen method of notetaking.

Key information

Where possible this course will take place on site with social distancing measures in place. In the event of a lockdown, the course will take place online via MS Teams.

Possible next steps

Depending on your results from functional skills assessment you can progress to either E3 Award in Health and Social Care or Level 1 Award in Health and Social Care

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



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