Digital Skills for the over 50s

Course overview

Digital Skills has become an essential part of life, especially since Covid19. To be able to access many of the services around us, such as doctors, banks and council offices, we need to use the internet. Even simple communication using digital video is rapidly becoming a crucial skill for everyone. If you are over the age of 50, you may be at a disadvantage as the statistics suggest that you would have had less opportunity to access and learn these new skills.

This short course will help. It offers a friendly place, with a group of older adults – so that you won't feel uncomfortable – where you can develop the digital skills that everyone needs today.

What will I study?

This course will aim to teach you some of the important basics, which may include how to…

- use digital skills safely and responsibly.

- use digital skills when carrying out a simple personal or household task or planning a personal or leisure activity.

- use digital skills to communicate with friends and family.

Assessment method

During the course, your tutor will set tasks and assignments to help you to learn and progress.

Entry requirements

You don't need to have studied digital skills before. This course can be the starting point for your learning.

What should I bring with me?

You will need to take notes so bring along your preferred tools such as pen/paper or electronic device. Some learners like to bring the device they will use at home, so that they can continue with it after the course ends, but you don't have to. We have computers for you to use in classrooms. There are currently no printing facilities at the college.

Key information

Where possible this course will take place on site, with social distancing measures in place if there is a need to tighten Covid restrictions. In the event of a lockdown, we will decide together whether it will be possible for the course to take place online via MS Teams.

Possible next steps

Following the successful completition of this course, you may wish to continue to a longer Digital Skills for Life course, or begin a qualfication with us by either enrolling to one of our Introduction to Digital Skills Courses, or being referred directly to a qualification by your tutor (if the tutor feels this is appropriate). If you need more time on a PC before moving to the next level, you can also attend the free sessions in the borough libraries where you will be offered support.

Contact us

Our friendly staff can give you further advice and support.

email: adultcollegeenquiries@lbbd.gov.uk   call: 020 8270 4722