

# Digital Safety Workshop

## Course overview

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Whether you use your computer for fun or for work you should always ensure you are working safely. Can other people access your files? Have you got the right protection on your computer? Do you keep personal information on your computer? Have these and any other questions answered on this course, where you will learn how to be safe online.

## What will I study?

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You will explore the important things you need to know to use the internet safely and not become a victim of fraud or identity theft, including:

- What you need to know about digital safety
- Password creation - are they strong enough to be safe?
- How to protect your computer/device from being hacked.
- How to keep your information safe.

## Assessment method

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You will be assessed using various assessment methods, including individual digital assessment of your understanding and group work.

## Entry requirements

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You should be able to follow basic tutor instructions.

## What should I bring with me?

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You will need to take notes so make sure you have your preferred tools in easy reach, such as pen/paper or electronic device.

## Key information

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Where possible this course will take place on site. In the event of a lockdown, the course will take place online via MS Teams.

## Contact us

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Our friendly staff can give you further advice and support.



email: [adultcollegeenquiries@lbbd.gov.uk](mailto:adultcollegeenquiries@lbbd.gov.uk)

call: 020 8270 4722

